

Althea Knight Artist BEd, MAP, WRAP 2

Ottawa, ON, CAN. Born in London, ENG;

CDN Citizen; Jamaican Descent

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EDUCATION + TRAINING

- 2024 Media Lab Mentorship, Workman Arts, Toronto, ON
- 2023 Sound Art, Nicole Marchessau, Workman Arts, Toronto, ON
- 2022 *Digital Skills for Entrepreneurs*, Canada Learning Code, ON
- 2022. Sound Art, Nicole Marchessau, Workman Arts, Toronto, ON
- 2021 *Intro-Intermediate Ceramics, Hand-building & Wheel*, Ottawa School of Art, Ottawa, ON
- Sculpting Mentorship*, David Salazar, Workman Arts, Toronto, ON
- Meditative Process of Creating Birds By Hand Workshop*, David C. Salazar, Gardiner Museum/Workman Arts, Toronto, ON
- 2020 *Rug Hooking Workshop*, Community Voices by Lauren. Cullen, Textile Museum of Canada/Workman Arts, Toronto, ON
- 2019 *Cups & Bowls, Jewellery, Sgraffito, Plate Design Workshops* facilitated by Ceramists: Marc Eagen, Julie Moon, & Lindsay Montgomery, Inspirations Studio, TO, ON
- Print-Making*, N. Enkel, V. Vallières, Workman Arts, Toronto, ON
- 2017 *Intro. to Ceramic Sculpture*, Gurdun Olafsdottir, Inspirations Studio/Workman Arts, Toronto, ON
- 2016 *Speak Out Against Violence Through Ceramic Art*, The Gardiner Museum/Barbra Schliker Commemorative Clinic Expressive Arts Group, Toronto, ON
- 2015 *The Healing Power of the Drum: A Rhythm-Based Workshop*, The Royal Ottawa, Ottawa, ON
- Advanced Peer Support Facilitator Certificate - Self-Help Resource Center*, Toronto, ON
- 2009 *NIA Dance Technique*, Montreal, QC
- 2009 *Biodanza - Montreal*, QC
- 2008/09 *5 Rhythms Workshops*, Maui, HI; Melbourne, AUS; Montreal, QC
- 2008 *Biodanza - Ljubljana*, Slovenia
- 1994 *Bachelor of Arts in Education, Specialisation in T.E.S.L.*, Concordia University, Montreal, QC
- 1994 *Salsa Dancing - Rue Pins Center*, Montreal, QC
- 1980 *African Dance - Jack Purcell Community*, Ottawa, ON

SELECTED SOLO EXHIBITIONS

- 2025 *The Ancestry Project*, installation, The Show Gallery, Toronto, ON
- 2008 *“Art as Medicine: Transformational Healing”*, acrylic paintings, Nova Gorica Healing Arts Center, Slovenia
- 2007 *“Soul Talk”*, acrylic paintings, Venus Envy, Ottawa, ON
- 2005 *“Knight Visions”*, mixed media, Soupçon Bistro, Wakefield, QC
- “Identity & the Soul: Selected works by Althea Knight”*, Arts Court, Ottawa, ON
- 2002 *“Communications with my Soul”*, mixed media, The Black Tomato, Ottawa, ON

SELECTED GROUP EXHIBITIONS

- 2024 *“Scabbadabbadoo”*, Media Arts, Workman Arts Showcase, Toronto, ON
- 2023 *‘Leaf’* digital portrait and *‘Swamp Soothe Song’*, *Being Scene*, Artscape Daniels Spectrum First Floor Gallery, Toronto, ON
- 2023 *Sound Art Collab*, Workman Arts Spring Showcase, Toronto, ON
- 2023 *Kuumba*, Harbourfront Center, Toronto, ON
- 2023 *Women of Courage: Digital Storytelling*, Culture Link, Todmorden Mills Heritage Museum and Art site, Scarborough Museum, Toronto, ON
- 2021 *Forever (David Salazar Community Project Bird-Botanicals)*, Gardiner Museum, Toronto, ON

- 2020 *Being Scene*, Toronto Media Arts Center, Toronto, ON
 "...and now it's time to bloom", Workman Arts & Textile Museum Virtual Showcase, online & onsite
 Community Voices Show curated by Lauren Cullen, Textile Museum of Canada, Toronto, ON
- 2019 Inspirations Studio Showcase and Sale, Inspirations Studio, Toronto, ON
- 2017 "Earth Stones" pottery pieces collection at Workman Arts Showcase, Toronto, ON
- 2016 "UDU think you are" #WeBelieveSurvivors curated by Jess Riva & Suzanne Thomson, Gardiner
 Museum, Toronto, ON
- 2006 *Nádasdy Foundation for Fine Arts and The Environment Fundraiser* - Ottawa, ON
- 2004 "Golden Source" *Human Rights Through Art*, "Arts in Dimension Exhibit", Canadian Human Rights
 Commission, Toronto, ON
- 2004 *Rwandan Genocide 10th Year Commemoration*, Canadian Human Rights Commission Ottawa, ON
- 2003-05 *Art in the Park* - Andrew Haydon Park, Ottawa, ON & Chelsea Market, Chelsea, QC

SINGING + HAND DRUMMING

- 2023 *Swamp Soothe Song, 'Althea & the Ancestors'*, *Bandcamp Todmorden Gallery, Scarborough
 Museum, Toronto, ON*
- 2018 *Drumming and Percussion for Health and Rehab*, with Muhtadi, Saikou Saho, Njacko Backo, and
 Heather Clearwind blows over the Moon, Department of Occupational Science & Occupational
 Therapy, University of Toronto, Toronto, ON
- 2016 "Finding Our Voices Together", #WeBelieveSurvivors, Co-written and Co-performed with Kateri
 Gauthier, Gardiner Museum, Toronto, ON
- 2014 *Native Learning Center East Grand Opening with Women & Children in Community*, Toronto, ON
- 2013 About Face Launch - Lt. Governor's Residence, Performed with Aqua Nibi Waawaaskone (Rennie)
 and Red River & Women in Community, Toronto, ON
- 2013 *Kobo and Free the Children*, Aboriginal Literacy Speaking Tour Launch, Kobo HQ, Toronto, ON
- 2013 *Toronto Pride "Women in the Community"*, Buddies in Bad Times Theatre, Toronto, ON
- 2012-13 *Weekly Drum Circle and Community Drumming* with Aqua Nibi Waawaaskone, Native Women's
 Transition House, Toronto, ON

THEATRE + FILM

- 2005 "Stockholme", play by Bryan James, Director/Dramaturgist/Publicist, Arts Court, Ottawa, ON
- 2004 "Baggage" play by B. James, Stage Manager/Puppet Stylist, National Library & Archives, Ottawa, ON
- 1995 "Happy New Year", a film by Kim Masse, Speaking Extra - Paris, France
- 1994 *Albert Neremberg's Improv Troupe*, Improv Actor - Montreal, QC
- 1993 "The Alchemy of Love", a short film by Roshell Bisset, Actor - Montreal, QC

COMMISSIONS + PRIVATE COLLECTIONS

- 2021 "Vibrational Line Series", pastel on canvas, B. Holbrook, Ottawa, ON
 "Forest Creature", pastel on canvas, J. Knight, Ottawa, ON
- 2019 *Ceramic Bowls, Jewellery, Interior Decor*, S. Mullings, Dr. A. Fatona, C. Miranda, Dr. C. Knight
- 2016 "Umbrella Love", greeting cards & prints, Canada, France & Thailand
- 2012-13 "Alchemical Nautilus & Sunflower", acrylic on canvas, L. and J. Bautista, Toronto, ON
- 2011 "Petal Moon", mixed media on canvas, M. Trumbach, Toronto, ON
- 2010 "Blossoming Heart", acrylic on canvas, C. Burcheri, Montreal, QC
 "Untitled" pastel on canvas paper, Beaver Waki, Osaka, Japan
 "Spirit in Search of Faith", acrylic on canvas, V. Rummier, Paris, France
- 2008 "Blue Note Soul Call", acrylic on canvas, C. Knight, Toronto, ON
 "With more Love and Healing we give ourselves and the Planet the Right to Be Free", acrylic on
 canvas, W. Rangira, Ottawa, ON
- 2004 "Dreadlock Flower Power", acrylic on canvas, S. Hamm, Ottawa, ON
 "Blue Begins the Healing", acrylic on reclaimed door, S. Hamm, Ottawa, ON
 "Flow", acrylic on wood, A. Parco, Italy

- 2003 *"Ancestral Vibrational Path"*, V. Johnson, London, England
 2002 *"Floating in Ambrosia"*, acrylic on sketch paper, A. Robinson, New York, U.S.A.

DIVERSITY, EQUITY & INCLUSION

- 2022 *Mediation & Reconciliation Consultant*, "We Are Here" Theatre Prod., Workman Arts, Toronto, ON
 2022 *Diversity, Equity & Inclusion Committee*, Workman Arts, Toronto, ON
 2021 *Peer Support & Resource Creation*, AROBA (A Room of Black Artists), Workman Arts, Toronto, ON

SOCIAL JUSTICE & ARTS-BASED COMMUNITY CARE ENGAGEMENT

- 2024 *Global health/Self Care & Mindfulness Guest Speaker- OCAD Masters in Design Health, Toronto, On*
 2007-PRESENT *Founder/Artistic Director/Facilitator - The Creative Art of Being©, local & global*
 2021 *Clay & Mindfulness Instructor - Barefoot Clay Studio, Ottawa, ON*
Peer Support & Active Listening - AROBA (A Room of Black Artists), Workman Arts, Toronto, ON
 2018-19 *Land Based Healing Wellbeing Consultant - Xhastin's Healing Journey*
Traditional Medicine, Cultural Support & Holistic Practices, Whitehorse, YT
 2017 *Peer Champion Promoter/Founder/Leader - "The Love Walk" Initiative- ending violence against women and children: simultaneous walks held in NYC, Montreal, Ottawa, Whitehorse, and Turin, 2 Italy in June and October*
"Love Wall": art-based community project held outdoors & onsite at Parkdale Library, Toronto, ON
Walk Leader - Jane Walk, A church and two temples in Parkdale, Toronto, ON
 2016-18 *Founder/Facilitator - Parkdale Walking Group: a social initiative connecting community in wellness the environment and creative experiences weekly, Toronto, ON*
 2016-18 *Self Care Wellness and Creativity Facilitator - Ecuhome Housing for Women and Children Previously Unhoused, Toronto, ON St. John the Compassionate Mission/St. Mary of Egypt Refuge, Tweed, ON*
WRAP Facilitator- Whitehorse Correctional Center/Yukon College, Whitehorse, YK
Danforth Collegiate, McGuigan High School, Toronto, ON
Gerstein Crisis Center/ YMCA, Toronto, ON
Self Help Resource Center, Toronto, ON
 2016 *Art Facilitator for Research Survey - New Leaf Yoga Foundation, Toronto, ON*
 2015 *Mindfulness Facilitator, Online & Onsite Workshops -MWB Mindfulness Practices, Toronto, ON*

ARTS ADMINISTRATION

- 2022 *Members Communication Committee*, Workman Arts, Toronto, ON
 2021-22 *George Hardy Scholarship Selection Committee*, Workman Arts, Toronto, ON
 2021-22 *Strategic Planning Committee*, Workman Arts, Toronto, ON

ARTICLES + INTERVIEWS

- 2023 *"Channel 2400: Episode 4 "*, Producer J. Buffin, Workman Arts, Toronto, ON
 2017 *"Here's Why Small is Beautiful"*, Jodi Lastman, Park People, Toronto, ON
 2009 *"Healer to take Ellon on a Spiritual Journey"*, Martin Clark, The Ellon Times, Ellon, Scotland
"Althea Knight: Artist-Healer", Bryan James, Black Artists Canada

PUBLICATIONS

- 2023 *Being Scene: 22nd Annual Exhibition Catalogue*
 2023 *Flaunt It's 002 Visual Anthology: Love Dimensions, The Year of Taking Space.*
 2023 *"Perhaps..." Recipe for Sustainability*, Center for Sustainable Curating, Western University
 2022 *"Achievement Through Resiliency,"* RISE, various social media accounts
 2016 *"WeBelieveSurvivors" booklet*, Gardiner Museum & Barbra Schlifer Commemorative Clinic

RESIDENCY

2024 Kinadas Artist Collective Interdisciplinary Mentorship, Gibraltar Point Center for the Arts, Toronto Island, ON

MEMBERSHIPS + AFFILIATIONS

2024 Kinadas Art Collective, Toronto, ON
2021- 2023 The *Ottawa Guild of Potters*, Ottawa, ON
2021- 2022 DARC - Digital Arts and Resources, Ottawa, ON
2021 - PRESENT *Ottawa Arts Council*, Ottawa, ON
2019- 2020 *Inspirations Studio*, Toronto, ON
2019 -2022 *Workman Arts Members Advisory Committee*, Toronto, ON
2017 - PRESENT *Neighbourhood Arts Network*, Toronto, ON
2016 - PRESENT *Workman Arts*, Toronto, ON

GRANTS

2024 Kinadas Artist Collective Interdisciplinary Mentorship with Chiedza Pasipanodya, Toronto, ON
2023 Ontario Arts Council Exhibition Assistance "Reconfigured Emergence pieces" iWomen of Courage Group show at Todmorden Gallery & Scarborough Museum, Toronto, ON
2017 TD Friends of the Environment Foundation Grant, Toronto, ON